

# Packing List



## Mandatory:

WARM sleeping bag and/or extra blankets  
1 fitted sheet to cover mattress  
Pillow  
Towel  
Toiletries  
Warm pajamas or an extra pair of sweat pants  
3 pairs of long pants (1 that rolls up past knees, sweatpants are good)  
1 pair of shorts  
4 shirts  
Raincoat Or Rainsuit (Classes continue in the rain!)  
2 sweatshirts (or fleeces)  
2 pairs of old shoes that can get wet & muddy (tennis shoes or tie shoes with heels/toes are best)  
6 pairs of socks (tall socks are best for tick prevention)  
Winter jacket, hat, mittens, or gloves  
Hat for the sun  
4 pencils or pens  
Day pack or book bag  
Water bottle  
Bandana (for climbing)  
Bug/Tick Repellent (with DEET is best)

## Optional but Suggested:

Flashlight  
Sunscreen  
Chapstick  
Camera (the 1 exception to the no electronics rule)  
Bathing Suit  
Rubber Boots  
Green Clothing for program event  
Money (the Foley Camp Store has a variety of t-shirts, sweatshirts, sweatpants, hats, water bottles)

## Leave at Home (if brought, these items are collected by teachers):

Firearms, Knives, Fireworks or any other type of weapons  
Caged or noncaged Animals  
Blow dryers/curling irons/hair straighteners  
Electronic Games (PSP, Game Boys, etc)  
Cell Phones  
Laptop Computers  
iPods, MP3 Players, CD Players, Portable TVs  
Gum, candy, food, pop or bottled water  
Fishing Rods or personal sporting equipment

The Foley Environmental Center **cannot be held responsible for the loss or damage** of personal equipment including, but not limited to: cameras, musical instruments or clothing items. The Foley Environmental Center can also not be held responsible for any injuries or damage resulting from the use or misuse of such personal equipment.

## Packing List Explained

After years of careful consideration we have found that the **mandatory items** above are needed for the comfort and success of the program. Below are some additional hints and information as to why we require some of those items.

- There is little time for fishing or other sporting type activities, so please do not bring those items with you.
- Students will need a backpack or book bag to carry the following items around with them throughout the day: Raincoats, water bottles, pencils or pens, additional layers of clothing and other personal items (cameras, sunscreen, etc.).
- Students may wear shorts during recreation time and at some of their classes.
- Students need a water bottle with a leak proof lid for drinking water in the cabin and at their academic classes.
- Students must have sturdy athletic shoes. These are required for all classes and activities. Flip-flops, sandals, or slip-on shoes that do not protect the feet are not allowed.
- The camp store will be open to purchase a variety of Camp Foley clothing items, water bottles and other items. Most items fall in to the \$5-\$40 range. Cash, check and Visa or Mastercard are accepted.
- Sweatpants are great for the muck walk and for canoeing on a cool day - the pant legs can easily be pulled up over the knees.
- Swimsuits may be used if the lake water is warm enough for wading or swimming. They are not recommended for showering. All showers have shower curtains.
- Be sure to have the necessary items to stay warm (we have said this before, but can not stress it enough)!! Winter coats, hats, mittens, etc. are suggested as the evenings are always cool to cold.
- Slumber party-type sleeping bags are NOT warm enough for comfortable sleep at the Enviro Center. Sleeping bags with a rating of 15F to 20F are highly recommended.
- Remind students that they carry or wheel everything they bring to their cabins.
- A flashlight for use when it gets dark in and around the cabin at night, is a good idea.
- In rainy weather, participants have appreciated rain pants and rubber boots.

**For more information and packing hints:** [campfoley.com/enviro-center/current-schools/packing-list](http://campfoley.com/enviro-center/current-schools/packing-list)